

## **Mini Soccer Games:**

Skills/Drills Dribbling – Teach dribbling as a series of “little kicks” meant to control the ball. Discuss which part of the foot (outside/inside) you use to dribble.

### **Accuracy Game – Bowling for Cones –**

Set up 3 cones like bowling alley pins. Place players 10 feet away. Have them kick the ball at the cones seeing how many they can knock down. Have parents ready to reset cones for next player.

### **Red Light/Green Light – Freeze Game –**

Have all players with balls on the goal line. Have them start to dribble the ball towards center field. When you blow the whistle they freeze. Make sure all players have control of their ball and stop. If they lose control, they go back to the goal line.

### **KICKING AT CONES**

The players should be placed in a circle, approximately 20 feet wide. Place 6 cones inside the circle in various positions. Give the players three balls and tell them that they must kick the balls and knock the cones down. Parents can assist by returning the balls that get kicked out of the circle. You could time them and try to improve the amount of time to knock down all the cones. This will teach kicking accuracy and receiving a pass.

### **Egg Hunt**

Kids line up on one goal line. Scatter balls (eggs) on the field. Release kids to get eggs into the opposite goal (basket). Key is to have at least as many balls as kids is better

### **Relays**

Players should be in two single file lines. Place 4 cones in a line directly in front of them. Cones should be approximately 10' apart. The first player in each line should attempt to dribble the ball around the cones and double back to the line. After each player has had a turn, start a relay against each other. Large team practices can use three or four lines. Try to maximize the amount of time the players will touch the ball.